

---

**Individual Meet Results**
**Vormót Ármanns 2010 10-apr-10 to 11-apr-10 [Ageup: 31.12.2010] SC Meters**
**Staðsetning: Laugardalur**
**Sunddeild UMF Selfoss [SELF] Þjálfari: Bryndís Ólafsdóttir**

<b>Tími</b>	<b>F/P/S</b>	<b>Sund</b>	<b>Sæti</b>	<b>Stig</b>	<b>Bæting</b>
<b>Anna Dalmay (18) W</b>					
3:23,08S	F # 37B	Konur 15 & eldri 200m fjórsund	7	---	---
3:40,71S	F # 45B	Konur 15 & eldri 200m bringusund	2	---	-28,24
<b>Ólöf Hoffritz (14) W</b>					
3:00,80S	F # 37A	Konur 13-14 200m fjórsund	4	---	---
1:27,86S	F # 43A	Konur 13-14 100m flugsund	6	---	-1,39
1:11,54S	F # 47A	Konur 13-14 100m skriðsund	6	---	-0,84
<b>Hannes Höskuldsson (11) M</b>					
3:35,24S	F # 38	Karlar 15 & eldri 200m fjórsund	9	---	---
1:51,45S	F # 44	Karlar 15 & eldri 100m flugsund	8	---	---
1:27,90S	F # 48	Karlar 15 & eldri 100m skriðsund	12	---	---
<b>Gíslína Skúladóttir (15) W</b>					
4:04,28S	F # 41B	Konur 15 & eldri 200m baksund	5	---	---
4:15,54S	F # 45B	Konur 15 & eldri 200m bringusund	4	---	---